HOUSE RESOLUTION NO. 199

Reps. Linting, Thompson, Robinson, Schriver, Schuette, Steckloff, Bierlein and Rogers offered the following resolution: A resolution to declare October 2025 as Health Literacy Month in the state of Michigan. Whereas, The American Medical Association recognizes limited health literacy as a stronger predictor of poor health status and outcomes than age, race, education level, socioeconomic status, or employment status; and 7 Whereas, The U.S. Department of Health and Human Services adopts two definitions that when combined constitute health literacy; Personal Health Literacy: the degree to which individuals have the ability to find, understand, and use information and services to inform health related decisions and actions for themselves and others; and Organizational Health Literacy: the 12 degree to which organizations enable individuals to find,

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- 1 understand, and use information and services to inform health-
- 2 related decisions and actions for themselves; and
- 3 Whereas, October has been recognized as Health Literacy Month

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- 4 internationally since 1999. It has been recognized by federal
- 5 organizations such as the Centers for Disease Control and
- 6 Prevention, the National Institutes of Health, and the U.S.
- 7 Department of Health and Human Services. Thirteen states have
- 8 recognized October as Health Literacy Month in the past 15 years to
- 9 raise awareness about the importance of health literacy and its
- 10 effects on health status and outcomes; and
- 11 Whereas, The Centers for Disease Control and Prevention
- 12 estimates that 9 in 10 Americans have limited health literacy and
- 13 lack the skills necessary to manage their health and prevent
- 14 diseases, to seek and obtain health care, and communicate
- 15 effectively with their providers. Limited health literacy affects
- 16 individuals across every segment of the population, regardless of
- 17 if individuals possess strong literacy skills or higher education.
- 18 Promoting clear and understandable health information can assist
- 19 individuals take greater responsibility for their well-being; and
- 20 Whereas, It is estimated that the burden of unaddressed
- 21 limited health literacy represents between 7 to 17% of all national
- 22 personal health expenditures and costs the U.S. healthcare system
- 23 \$106 to \$238 billion a year. Limited health literacy is associated
- 24 with: 1) An increased risk of sentinel events; 2) Worse overall
- 25 health status; 3) Reduced ability to understand health messages; 4)
- 26 Limited ability to follow and adhere to medication instructions and
- 27 understand labels; 5) Lower likelihood of seeking or receiving
- 28 preventative care; 6) Greater use of the emergency department and
- 29 increased hospitalizations; 7) Lower satisfaction with care; 8)

- 1 Shorter life expectancy. These risks are preventable when health
- 2 literacy is addressed; and
- 3 Whereas, Health literacy training for providers of any
- 4 experience level is shown to improve patient health literacy and
- 5 prevent patient-provider miscommunication which poses risks such as
- 6 sentinel events. However, health literacy practices, such as the
- 7 use of plain language, are not consistently included in curriculum
- 8 within health professional's training at schools of Medicine,
- 9 Nursing, Dentistry, Pharmacy, Public Health, and Allied Healthcare
- 10 across Michigan; and
- 11 Whereas, The U.S. Department of Health and Human Services has
- 12 declared health literacy as a foundational principle and
- 13 overarching goal of Healthy People 2030. Their updated goals
- 14 include eliminating health disparities, achieving improved health
- 15 for all, attaining health literacy to improve the health and well-
- 16 being of all, and stressing the responsibility of organizations to
- 17 address health literacy; and
- 18 Whereas, Federal organizations are bound by The Plain Writing
- 19 Act of 2010 to write "clear government communication that the
- 20 public can understand and use". Health organizations across
- 21 Michigan are committed to promoting and supporting strong
- 22 organizational health literacy; and
- 23 Whereas, Health literacy is necessary to achieve improved
- 24 health by providing health information and that is understandable,
- 25 accessible, and actionable to all. Addressing health literacy needs
- 26 can improve the health status and quality of life for millions of
- 27 Michiganders; now, therefore, be it
- 28 Resolved by the House of Representatives, That the members of
- 29 this legislative body declare October 2025 as Health Literacy Month

1 in the state of Michigan.